

Mobile Rehabilitation Module

from charity foundation “Mindy”



Psychological help and
physical rehabilitation
EXACTLY WHERE NEEDED



SOCIAL
FRANCHISE

From Dream to Reality

The project aims to **make free quality rehabilitation, psychological, and social services available to small towns in Ukraine**, where these services are either missing, lack quality, or have horrible logistics.

Charity foundation "Mindy" started to work in June 2022. Since that time, Mindy Foundation has provided 3000+ free help sessions to veterans, their families, and civil people suffering from war.

This experience pushed Mindy to go deeper into the regions with help because you can hardly find any help deep down there. This is what gave birth to the idea of the Mobile Rehabilitation Module. It is a place where people can continue their rehabilitation after a patient course in a hospital in a big city.

Together with experts', Mindy has created an inclusive multi-functional module where people can get help in the most critical areas.

What has been planned on paper...



... has already started to work in real life. Our first module launched in Ovruch, Zhytomyr region.



Mobile Rehabilitation Module



Production – **UnitFab**

Guarantee on module construction **10 years**

Foundation – **pile**

Total module area – **72 sq.m.**

Number of modules – **2**

Module material – **sandwich panels**

Outside design – **partially wood planking**

Facade color – **Anthracite**

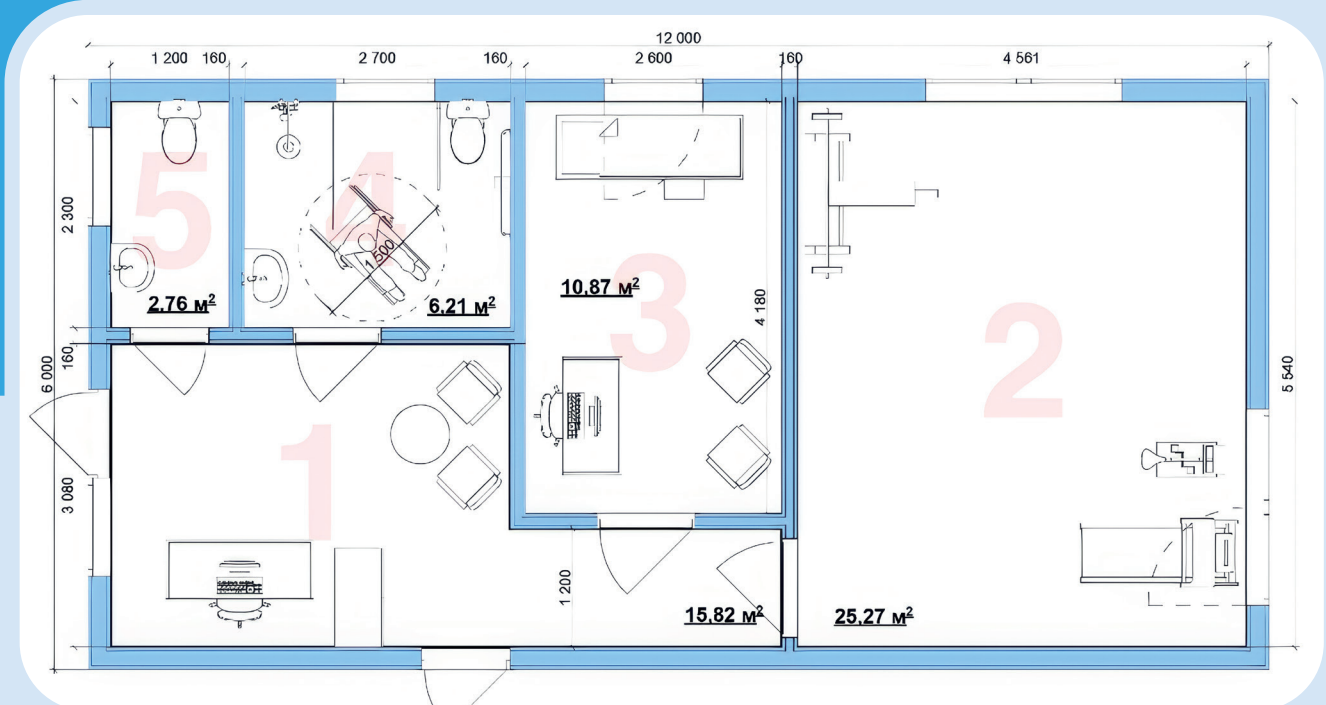
Walls inside – **white matter color**

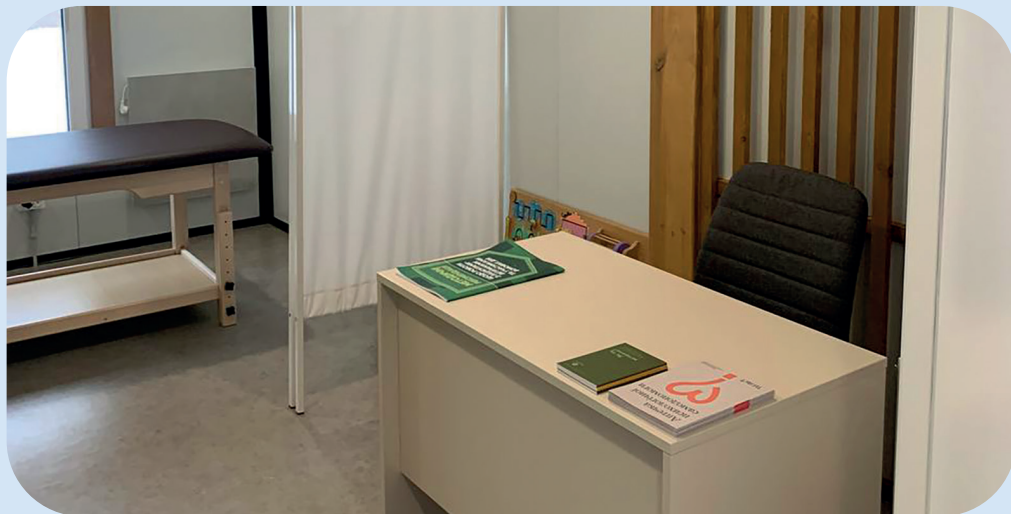
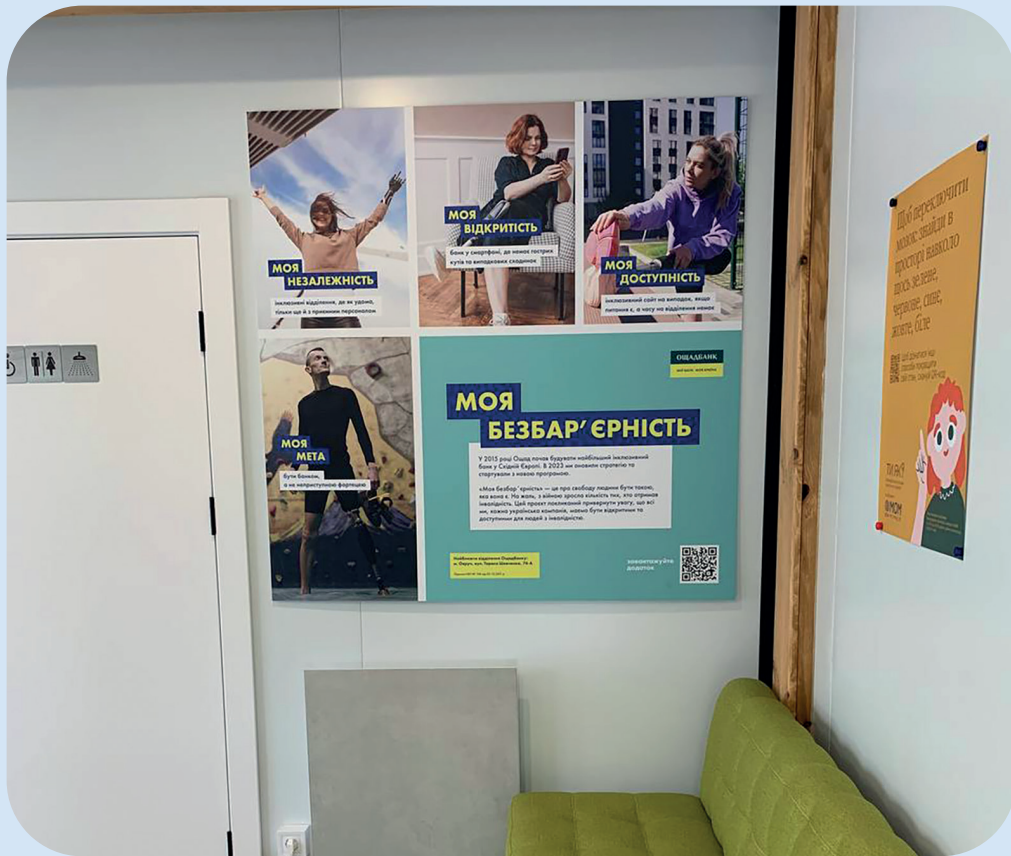
Ceiling – **height 2200 mm – 2700 mm**

All rooms are furnished individually to fit the configuration of the module. The module goes together with the rehabilitation equipment and the technological inventory.

Number of rooms – 5:

- 1** → Reception zone and case manager's location.
- 2** → Rehabilitation area.
- 3** → Psychologist's room and massage area (in shifts)
- 4** → Inclusive toilet
- 5** → All-access toilet







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Multidisciplinary Module Team

A multidisciplinary team is the core of the module. Because it works "on the ground" and, together with our partners, can provide the following free services:

- psychological help;
- physical rehabilitation;
- prosthesis support;
- legal advice;
- career building help and career switch help;
- pieces of training and education;
- job search help;
- veterans' support groups.



Multidisciplinary Team - Who is Working



Every module has an experienced team, that is ready to work and help with a wide range of issues. This feature provides support to the national system of long-term after- hospital rehabilitation. **Veterans no longer have to move to big cities to get the help they deserve.** Now, the services are coming TO them.

The multidisciplinary team includes the following specialists:

Case Manager

(reception, first contact with a patient, creating patient's profile and building the schedule and routes for getting assistance, coordination of visits and communication with patient and specialists, monitoring of rehabilitation and reports of the doctors)

Physical Therapist/ Ergotherapist

(individual rehabilitation plan, restoration after neuro traumas, amputations, usage of prosthesis, restoration of musculoskeletal system and motorics)

Psychologist

(curating the state of crisis, psychotherapy, individual and group sessions, art therapy)

HR Specialist

(career choice and career changing advice, training programs, job application assistance, help with creating resume and motivation letters)

Lawyer

(legal help, support for juridical issues, consulting and help with the preparing of the documents)

Veteran-Mentor

When possible this person is used in the format of "equal to equal" (group meetings, experience exchange, mentorship, support groups)



Advantages of the Rehabilitation Module



Small and multi-functional space



Standardized model



Autonomous, mobile, energy efficient



Boosts the national system of secondary rehabilitation after patient care in hospital



Does not need massive investments



Modern, new, quality, long-lasting, inclusive



Innovative, technological



Outpatient format + additional module for patients' accommodation



Quick production and scaling around the country



Available to people in the regions, logistically smart



Compatible with the healthcare system and National Health Service of Ukraine



An integrated network of mobile rehabilitation modules

Social Franchise = Real Help

The Mobile rehabilitation module works as an integral part of the social franchise. Why and should it matter?

Social franchise is an instrument to scale successful cases that really help to solve social problems.

Instead of trying to solve the problem in one spot, the franchise module allows solving the whole case of similar problems inside one network. The franchise approach helps to prepare the module for the "turnkey mode," so that it starts working as soon as possible after unloading the module in its new location.



"Mindy" team and the group of specialists and experts contributed to creating a unique product that can change life for the better.

Now every united territorial community in Ukraine can get this module **without typical red tape**.

Socially responsible businesses are showing a great example by supporting a genuine initiative to help "here and how." **With 100% guarantee of quality and transparency.**

Every franchise needs detailed listing of **everything related to the processes**:

- what, where and how should be placed inside the module;
- which inventory and equipment needed for rehabilitation;
- how specialists are to be trained
- how to communicate the services to their end-users;
- what is the protocol for cooperating with local authorities;
- which protocols, standards, and procedures should be used in the working process
- materials of what type are to be used for building the module;
- and lots of other essential nuances...

How It Works



1. Local regional authorities or UTC (united territorial community) sign the protocol of intentions with “Mindy” to put the mobile rehabilitation module. Business donor is allocated for sponsoring social franchise for this very UTC.
2. A proper municipal institution is chosen to have a place with the appropriate grid plug, logistics, and other important parameters for the module.
3. Geodesic research is done to fit the requirements for the module's foundation. Water, electricity and sewage are connected.
4. The module is being transported from the production facility (near Kyiv) to the location and unloaded to the spot.
5. Mindy Foundation signs the social franchise agreement.
6. Local authorities or UTC prepare the neighborhood: stairs and ramp, convenient footpath to the module (all logistics should be convenient for inclusive use), with parking spaces in the vicinity and parking for special medical vehicles (according to the requirements: ДБН В.2.2- 40:2018; ДСТУ CWA 16697:2022).
7. Local authorities or UTC accept the responsibility to finance the work of the multidisciplinary team (at least, case manager, psychologist, physical therapist). In addition to this it is obligatory to **apply for compensation of this financing** from NSHU in Ministry of Health.
8. Local authorities or UTC help to share the information for the potential visitors of the module: veterans, their families, civilians suffering from war.



Contacts



In case you have any questions, please feel free to get in touch with us. We will be glad to give you more information and answer the questions:

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Our Partners:

ТИ ЯК?



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Координаційний центр
з психічного здоров'я
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VISA



ОЩАДБАНК

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